

Flights of Fantasy and Fur

Is your cat smarter than you are? Possibly. Karen Wormald believes feline finessing is the secret to a successful workday.

Meowing Your Way to Success

In most jobs, you're expected to work like a dog. Think about it: show boundless enthusiasm for any task you're assigned, act thrilled with any reward that's tossed your way, play nice with others, and never question the leader of the pack.

Well, in *How to Work Like a CAT*, a new book by Midlothian resident Karen Wormald, cats are the ones who have it all figured out. They live by their own rules, refuse to be ignored, they're imaginative, and they are not afraid to take daring leaps.

Karen's humorous book helps readers learn to work like a cat instead of a dog. This quick read is filled with amusing photos of felines in compromising situations in the workplace. According to Karen, it's time to break free of the leash and leap up the workplace ladder. Maybe that's a good New Year's resolution.

Midlothian Author Has CATitude



Karen Wormald fled corporate America in 2002 and never looked back. She is a freelance business writer whose current co-workers, Fred, Yul, and Adele, believe, "Everything's better with fur," including all the office equipment they love to shed on. They have adapted to 24/7 contact with Karen by becoming more sophisticated communicators...and Karen takes more catnaps.

"My furry friends make great co-workers," says Karen. "They spend their days lounging around and napping while I pound the keyboard. They remind me to stop stressing over things I can control and to stop caring about things I can't control."

Karen launched Kew Publications as a freelance business writer and editor. She works at home in her bunny slippers with her three cats. Clients still provide her with occasional peeks at bad management and petty office politics, but she now enjoys the turmoil from the outside looking in.

The inspiration for the book first appeared in Karen's 2005 column, "Around the Watercooler," in *Office Solutions* magazine. It received first place honors from the Virginia Press Women for personal essays.

Karen read a business book about mice that was popular a few years ago and thought she could add a new twist on the idea. And that's what business is all about, building on a current process or idea and following it through to completion. Learn more about Karen and her new book at www.worklikeacat.com.